



Utility Costs Stats

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National

Latino Families Are Nearly Twice As Likely To Experience Energy Insecurity As Their White Counterparts, And Spend A Larger Share Of Their Income On Utility Bills

- A 2026 report found that Latino households are [nearly twice as likely](#) as white households to experience energy insecurity, meaning they struggle to afford their utility bills or maintain a safe household temperature.
- In 2024, 50% of Hispanic or Latino households [experienced](#) some form of energy insecurity, compared to 26% of White (non-Hispanic/Latino) households.
 - About 41% of Hispanic or Latino households [reported](#) reducing or forgoing food or medicine to pay their utility bills, and 19% reported receiving a disconnection notice.
- According to a [2020 report](#) from the American Council for an Energy-Efficient Economy, Hispanic households face a higher energy burden than white households, meaning they pay a larger share of their income on utility bills.

- Compared to white (non-Hispanic) households, Hispanic households spend [20%](#) more of their income on energy costs.

More Than 20% Of People Receiving Energy Assistance, Like The Low Income Home Energy Assistance Program (LIHEAP), Were Of Hispanic Origin

- In 2022, more than [21%](#) of people receiving energy assistance, including LIHEAP, were of Hispanic origin.

States

Arizona

- In May 2026, the [average electric bill in Arizona](#) was \$203.72, up 2.8% year over year.
 - The average electric bill in Arizona's [first congressional district](#) was \$146.59.
 - The average electric bill in Arizona's [second congressional district](#) was \$162.59, up 2.3% year over year.
 - The average electric bill in Arizona's [sixth congressional district](#) was \$132.51.
- As of April 2026, residential electricity prices in Arizona have [increased by about 5%](#) since Trump took office.

California

- In May 2026, the [average electric bill in California](#) was \$144.80, up 1.4% year over year.
 - The average electric bill in California's [13th congressional district](#) was \$212.06.
 - The average electric bill in California's [22nd congressional district](#) was \$193.09, up by about 1% year over year.
- As of April 2026, residential electricity prices in California have [increased by 16%](#) since Trump took office.

Colorado

- In May 2026, the [average electric bill in Colorado](#) was \$85.28, up 1.8% year over year.
 - The average electric bill in Colorado's [eighth congressional district](#) was \$102.96, up by about 1% year over year.
- As of April 2026, residential electricity prices in Colorado have [increased by about 11%](#) since Trump took office.

Florida

- In May 2026, the [average electric bill in Florida](#) was \$172.06, up 3.2% year over year.

- The average electric bill in Florida's [27th congressional district](#) was \$168.71, up 4.2% year over year.
- As of April 2026, residential electricity prices in Florida have [increased by about 7%](#) since Trump took office.

Georgia

- In May 2026, the [average electric bill in Georgia](#) was \$140.15, up 0.5% year over year.
- As of April 2026, residential electricity prices in Georgia have [increased by about 14%](#) since Trump took office.

Michigan

- In May 2026, the [average electric bill in Michigan](#) was \$130.90, up 9.4% year over year.
- As of April 2026, residential electricity prices in Michigan have [increased by about 16%](#) since Trump took office.

Nevada

- In May 2026, the [average electric bill in Nevada](#) was \$136.90.
 - The average electric bill in Nevada's [third congressional district](#) was \$135.15.
- As of April 2026, residential electricity prices in Nevada have [increased by about 3%](#) since Trump took office.

New Jersey

- In May 2026, the [average electric bill in New Jersey](#) was \$140.40, up 22.2% year over year.
 - The average electric bill in New Jersey's [ninth congressional district](#) was \$154.08, up 17.5% year over year.
- As of April 2026, residential electricity prices in New Jersey have [increased by about 20%](#) since Trump took office.

New Mexico

- In May 2026, the [average electric bill in New Mexico](#) was \$80.04, up 1.1% year over year.
 - The average electric bill in New Mexico's [second congressional district](#) was \$71.75.

North Carolina

- In May 2026, the [average electric bill in North Carolina](#) was \$128.60, up 1.9% year over year.
- As of April 2026, residential electricity prices in North Carolina have [increased by about 30%](#) since Trump took office.

Texas

- In May 2026, the [average electric bill in Texas](#) was \$153.39, up by about 1% year over year.
 - The average electric bill in Texas' [15th congressional district](#) was \$152.13, up 1% year over year.
 - The average electric bill in Texas' [28th congressional district](#) was \$144.40, up 1.2% year over year.
 - The average electric bill in Texas' [35th congressional district](#) was \$140.95.
- As of April 2026, residential electricity prices in Texas have [increased by about 16%](#) since Trump took office.

Wisconsin

- In May 2026, the [average electric bill in Wisconsin](#) was \$105.17, up 5.9% year over year.
- As of April 2026, residential electricity prices in Wisconsin have [increased by about 11%](#) since Trump took office.